

FAMILY ACTIVITIES

September 13, 2020



“Football Sunday”



Family Activities



GO BOWLING

Practice bowling skills with a makeshift alley. All you need are some bottles or cans and a semi-heavy ball. This family activity will improve your child's skills, so he'll be a pro once the lanes open up again!



PLAY A CARD GAME

Turn off the TV and teach your child a classic card game like gin rummy, hearts, or Uno. Adapt the rules for younger kids, and you have an entertaining indoor family activity.

CONDUCT A SCIENCE EXPERIMENT

There are lots of educational science experiments online; check out this article for six fun ideas: <https://www.parents.com/kids/education/math-and-science/everyday-science-experiments/>? Your kids will be entertained while learning about important scientific principles.



DANCE PARTY

Put a vinyl record on your record player or pull-up your Spotify playlist, turn up the music loud. Then dance around in an open area of your house until everyone collapses!

