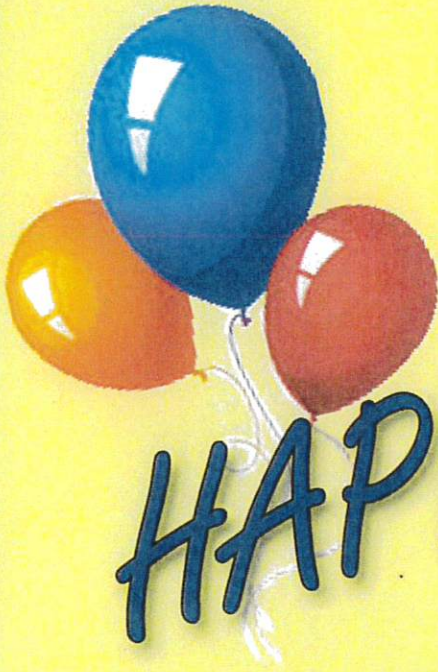




**FAMILY
ACTIVITIES**



**HAPPY NEW
ATTITUDE!**

JANUARY 3, 2021

Family Activities

Romans 15:13a

"May the God of hope fill you with joy and peace as you trust in Him."



Talking about trust with your children is very important. Why? Because by talking, discussing, studying, and brainstorming about it, you can do so many awesome things like: come to conclusions, be on the same page, DEFINE TERMS (such a big problem when miscommunication happens), learn together, grow together, and practice together.



TRUST GAME #2

Play the typical "trust game" where the child stands about 2 feet from the parent (front to back). The child then lets go and "falls" backward. The parent catches her by the armpits. The first few times, the child will probably want to step back to "catch" herself, but the point is to trust that the parent will catch her and keep her from falling.

TRUST GAME #1

Parents and children participate. Set up a small obstacle course in the living room (like a maze with pillows and other soft objects). Parents will blindfold one child at a time and guide him or her through the maze. Parents can do this by holding the child's hand or by using their voices or both. For smaller children, use both. If you don't want to do the maze, then make it simpler. Blindfold the child and give him a cup. Guide him to the table where he can safely place the cup on top of it.

★ ★ ★ Craft ★ ★ ★

Make a simple craft. On a piece of paper, write "I will trust God is with me in hard times, too." You can write a similar message if you would like. Get a few short strands of yarn, thread, or ribbon (about 6-8 inches each) and have the children tangle them up into a blob (see above). Glue onto the paper. Discuss how sometimes we make wrong choices and get into messes or sometimes trouble just happens and we feel like that wad of knotted threads. But God is faithful!

