

19th
MARCH



FAMILY ACTIVITIES



Be a Peep Who Helps Others!

Clean-up Competition

What you will need:

- Trash bags

Divide the family into groups and give each group a trash bag. Challenge each group to pick up as much trash as they can from the floor. You can play this game outdoors, in the living room, or even in separate rooms. Groups will try to fill their bag as much as they can with trash. The group with the most trash wins! You can even play this game throughout the week. Continue to fill the trash bags throughout the week, and at the end of the week, the group with the most trash wins!

Helping Hands

What you need:

- Tissues
- Music

Give each family member a tissue to place on their head. Instruct family members to move around to the music while keeping the tissue on their heads. If a tissue falls off, the family member will freeze. Another family member needs to help the frozen person by placing the tissue back on the frozen family member's head, allowing the frozen person to rejoin the game. Play as long as you want to!

Helping Those in Need

What you need:

- Blindfold
- Peanut Butter (substitute as needed)
- Jelly (substitute as needed)
- Bread (substitute as needed)
- Butter knife or spoon

Blindfold one member of the family, and hide in the room some peanut butter, jelly, two slices of bread, and a butter knife (or spoon).

Challenge the family (and the blindfolded person) three times to make a peanut butter sandwich:

Round One

Simply tell the blindfolded person that it is his or her job to make a peanut butter sandwich. He or she will undoubtedly fail without help.

Round Two

Tell the group they can instruct the blindfolded individual, guide him or her toward the ingredients, etc. They cannot touch the blind person or the ingredients, but they can talk to blindfolded person.

Round Three

Tell the group they can do anything in their power to help (don't tell them, but this includes make the sandwich themselves). They are certain to succeed this time.

Table Talk Questions

John 9:1-12

1. Who did Jesus help?
2. How did he help him?
3. Why should we help others?
4. Who is someone you can help?
5. How can you help them?