



# Let It Grow! Fruits of the Spirit

Family Activities  
April 14, 2024

# Let JOY Grow!

## Joyful Binoculars!

What you need:

- Toilet paper/paper towel tubes
- Markers and other craft supplies

Take the toilet paper or paper towel tubes and decorate them. Make your own binoculars to help serve as a reminder to look at all life situations with joy!

## Encouraging Circle

We all feel good when we are encouraged by our friends and family. Make a circle, and in that circle, have each family member take turns giving an encouragement or compliment to the person to their right. Once you go around the circle, you can switch the direction or everyone can sit in different spots in the circle. That way, everyone gets a chance to give and receive an encouragement from all family members.

## Encouraging Partners

What you need:

- Objects to hide around a room

Encouragement is key to working together. Play a game by hiding several objects around the room and asking family members to work in pairs to find them. One partner should be responsible for finding the objects, and the other partner should be responsible for encouraging him to find them. The goal isn't to point out where the objects are or to play a game of "hotter/colder," but to encourage the partner to find the objects. Statements might include, "You can do it" or "You're doing your best. Where can you look next?" Step in where necessary to model encouraging statements.

## Table Talk Questions

*2 Samuel 6*

1. What were King David and his men moving back to Jerusalem?
2. What were people doing because of this?
3. How were King David and the people worshiping God?
4. Why did King David have joy?
5. How can you have joy when you face difficult feelings or situations?