



The CHOSEN

Season 4, Episode Four Discussion Guide

A look at how to comfort someone in the grief—and how not to



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Season 4, Episode Four - Discussion Guide

MAY CONTAIN SPOILERS

Watch

Before you get started...

As we mentioned at the start of the last discussion guide, a large part of this episode shows the fallout from what happened at the end of Episode Three. It won't at all surprise the group that the main theme for this discussion is how you should—and maybe shouldn't—comfort someone knee-deep in grief.

Discuss

1. This episode finds the disciples stumbling their way through helping one particular disciple in his grief. Name the good and the bad in their efforts—and for each effort, why is it good (or bad)?
2. In this episode and—slight spoiler alert—in an episode to come, Scripture and theological propositions are used to offer comfort to someone in grief. Both have power to help and to heal, but how do you use them thoughtfully and carefully?
3. Anger is a natural part of grief, but it can grow unhealthy. How do you know when someone's grief has led to an unhealthy anger, and how can you help them find their way out of it?
4. Digging a little deeper into the previous question, anger can lead to resentment. Remember Peter's confession about his own grief? "I resented [Jesus's] miracles for others." How can we help someone in grief push back against resentment over God's good (even miraculous) work in the lives of others?

As you lay out the question, it might be worth it to point out how hard it must have been for a few of the disciples in particular—one very much in particular—to watch Jesus perform a miracle for a Roman soldier.

Pray

Here are 2 questions to guide your group's closing prayer:

1. If you were to offer a word of thanks to God for something that comforted you in this episode, what would it be?
2. If you were to ask God's help in living life in a new way in light of this episode, how would you sum up this new way of life?

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